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# All N<sup>™</sup> Off-the-Shelf - Cognitive Blend

# PRODUCT DATA

This Off-the-Shelf blend has been pre-formulated with active ingredients, ready to use as a base for new product formulations. Our Cognitive blend is designed to to provide a solution for the nootropic trend and utilize commonly used cognitive ingredients that have scientifc support. Featuring the specialized active ingredients of VitaCholine®.

## **INGREDIENTS**

VitaCholine - Choline is a necessary nutrient to produce acetylcholine, an important

neurotransmitter for memory, mood, muscle control, and other brain and nervous system functions. May support memory problems associated with aging.

Ginkgo Leaf Extract - Supplementing with ginkgo may increase mental performance and perceived well-being.

Taurine - May support the general function of the central nervous system and eyes.

Ginsing Root Extract - May support improved brain function like memory, behavior and mood.

Vitamin B Complex - May support improved mood and cognitive performance.

#### **MARKET VALIDATION<sup>1</sup>**

- The growth of nootropic products is being fueled by:
- Active lifestyle consumers and athletes that are seeing the benefits of embracing the mental aspect of exercise in addition to the physical one.
- Growing knowledge that energy drinks, caffeine pills and other energy products are not that healthy for you.
- Nootropics are seen as healthier and more effective options because they are often backed by research and clinical studies.
- Cognitive support is one of the fastest growing subsectors of sports nutrition and is projected to be a \$1.2B industry in 2021 an 8% increase from 2019.

# **APPLICATION VALIDATION**

Our Cognitive blend has been validated to work well in the below applications.

- Gummies
- Capsules
- Ready-to-mix powdered beverages

# NUTRITION INFORMATION

	Amount per serving	% Daily Value
Vitamin C	90 mg	100%
Thiamin	1.2 mg	100%
Riboflavin	1.3 mg	100%
Niacin	16 mg	100%
Vitamin B₅	1.7 mg	100%
Folate	400 mcg DFE100%	
Vitamin B12	3.6 mcg	150%
Cognition Blend (Ginkgo Leaf Extract, Taurine, Inositol, L-Choline Bitartrate, Phosphotidylserine, American Ginseng Root Extract)	o 320 mg	*

Ingredients: Ascorbic Acid, Ginkgo Leaf Extract, Taurine, Inositol, L-Choline Bitartrate, Phosphatidvlserine. Niacinamide, American Ginseng Root Extract, Maltodextrin, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin, Folic acid. Cyanocobalamin

Allergens: no known allergens

## SUGGESTED BLEND ADD-ONS

Add-on flavors, excipients, processing aids and additional bioactive ingredients to any of our base Off-the-Shelf Blends. This items are stocked and available for purchase.

- Fish Oil Powder Brain function and development support.
- L-Theanine Supports relaxation and cognitive function.
- Blueberry Extract Supports blood flow to the brain.
- CuroWhite<sup>™</sup> Highly stable white curcumin for recovery.
- Green Tea Mental clarity and cognitive function support.
- Vitamin E Antioxidant with neurological support.

1. Nutrition Business Journal; Sports Nutrition & Weight Management Issue; August 2018

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