

Chocolate Vegan Meal Replacement RTM

APPLICATION

BENEFITS

- Vegan (dairy and soy free)
- High in protein
- High in fibre

INGREDIENT STATEMENT

HarvestPro™ Pea Protein MF EU (pea protein isolate, flavouring, sweetener (steviol glycosides), salt), **BevFlax™ XtraSmooth** (milled flaxseed), **BevOat™***(gluten-free oat flour), Rice Protein Isolate, Vitamin & Mineral Blend (trisodium citrate, tricalcium phosphate, potassium citrate, magnesium phosphate, iron sulphate, sodium phosphate anhydrous, zinc sulfate, copper sulphate, manganese sulphate, sodium selenite anhydrous, vitamin C, vitamin E, niacin, vitamin A, pantothenic acid, vitamin D2, folic acid, vitamin B6, vitamin B2, vitamin B12, potassium iodine, biotin), Sugar, Flavouring, Inulin, Maltodextrin, Stabiliser: Carrageenan, Defatted Cocoa Powder, Salt, Sweetener: Steviol Glycosides

ALLERGEN INFORMATION: contains oats and soya

**Oats used in this product are gluten free and have been specially produced, prepared and processed in a way to avoid contamination by cereals containing gluten*

NUTRITIONAL INFORMATION

	PER 100G/ML	PER PRODUCT (50G)
Energy	1682 kJ/404 kcal	841 kJ/202 kcal
Fat	11.95 g	5.98 g
of which saturates	1.81 g	0.91 g
Carbohydrates	32.95 g	16.47 g
of which sugars	7.76 g	3.88 g
Fibre	10.37 g	5.18 g
Protein	38.65 g	19.33 g

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VITAMINS	PER 100 G	PER 50 G
Vitamin A	0.48 mg	0.24 mg (30% RDA)
Vitamin D	0.0029 mg	0.0015 mg (30% RI)
Vitamin E	7.20 mg	3.60 mg (30% RI)
Vitamin C	47.97 mg	24.0 mg (30% RI)
Thiamine	0.66 mg	0.33 mg (30% RI)
Riboflavin	0.84 mg	0.42 mg (30% RI)
Niacin	9.59 mg	4.8 mg (30% RI)
Vitamin B6	0.84 mg	0.42 mg (30% RI)
Folate	119.9 mcg	60 mcg (30% RI)
Vitamin B12	14.99 mcg	7.50 mcg (30% RI)
Biotin	29.98 mcg	15.0 mcg (30% RI)
Pantothenic Acid	3.60 mg	1.80 mg (30% RI)
MINERALS		
Calcium	476 mg	240 mg (30% RI)
Phosphorus	420 mg	210 mg (30% RI)
Iron	8.4 mg	4.2 mg (30% RI)
Zinc	6.0 mg	3.0 mg (30% RI)
Copper	0.6 mg	0.3 mg (30% RI)
Iodine	89.9 mcg	44.9 mcg (30% RI)
Selenium	0.04 mcg	0.02 mcg (30% RI)
Sodium	437.8 mg	218.9 mg (54.6% RI)
Magnesium	223.9 mg	111.9 mg (30% RI)
Manganese	1.2 mg	0.6 mg (30% RI)
Potassium	1199 mg	599 mg (30% RI)