

# AminoBlast® EAA RTM Beverage Blueberry Razz and Sour Patch APPLICATION

RTM powdered beverage with AminoBlast<sup>®</sup> 8-Essential Amino Acids (EAA) that aid in optimum muscle protein synthesis and Glanbia Flavor System

## BENEFITS

- AminoBlast<sup>®</sup> EAA is an 8-Essential Amino Acid blend designed for optimum muscle protein synthesis post resistance exercise. Formulation based on a published clinical study Am J PhysiolEndocrinolMetab283: E648–E657, 2002;
- Provides 6g EAA per serving
- · Amino Acids are vegan-grade, Non-GMO and Allergen free
- AminoBlast<sup>®</sup> Technology ensures rapid solubility in cold water, no hygroscopicity, no ingredient interactions and hence long term stability
- No added sugars
- Delicious Glanbia Flavors

## FORMULATION AND PROCESS

INGREDIENTS	% BY WEIGHT
AminoBlast <sup>®</sup> EAA	46.94
Sucralose	0.42
Ace-K	0.24
Glanbia Flavor System	52.85
Color	0.48

#### PROCESSING STEPS

1. Mix with 10 oz (300ml) of cold water for 30 seconds or until fully dissolved.

## **INGREDIENT STATEMENT**

**EAA Blend** (L-Lysine, L-Leucine, L-Phenylalanine, L-Threonine, L-Histidine, L-Valine, L-Isoleucine, L-Methionine), **Natural Flavors**, Malic Acid, Citric Acid, Spirulina Extract (color), Sunflower Lecithin, Sucralose, Acesulfame Potassium, Fruit and Vegetable Juice (color)

ALLERGEN INFORMATION: contains no known allergens

Supplement Easte

### NUTRITIONAL INFORMATION

	Amount per serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Sodium	20 mg	1%
Potassium	6 mg	< 1%
Leucine	961 mg	**
Isoleucine	465 mg	**
Valine	527 mg	**
Threonine	713 mg	**
Lysine	1023 mg	**
Methionine	93 mg	**
Histidine	589 mg	**
Phenylalanine	775 mg	**

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This prototype has been processed in a facility that contains milk, eggs, soy, wheat, nut and fish allergens. The information contained in this document is intended for the recipient's information only and has not been independently verified. While Glanbia endeavors to ensure that all information contained in this document is correct, no warranty is given that the information is accurate and Glanbia does not assume any guarantee against patent infringement, liabilities or risks involved from the use of these products or information. Any health claims, if any, contained in this document are for illustration purposes only and are subject to approval by the relevant regulatory authority in each Member State where the purchaser markets final consumer products.